

WE PROUDLY BRING YOU

# COMMUNITY WELLNESS EXPOSITION

*This event is organized by Capitol Physical therapy*

**AUGUST 21, 2021**

**1:00- 5 P.M.**

**ALETHIA TANNER PARK**

227 HARRY THOMAS WAY NE, WASHINGTON,  
DC 20002

Join us for an excellent day packed full with health and fitness activities that the whole family and community will enjoy!



# COME AND JOIN US!

**This event is free for all!**

## **What to Expect**

Free Wellness Screenings

Fitness Demonstrations and Workshops

Nutritional Demonstrations

Health Talks and Lectures

Health and Wellness Products

Raffles, Prizes, and Freebies



VISIT OUR OFFICIAL WEBSITE AT  
[WWW.CAPITOLPTDC.COM](http://WWW.CAPITOLPTDC.COM) TO LEARN MORE ABOUT  
THIS UPCOMING EVENT. FOR INQUIRIES, CONTACT US  
AT (202) 794- 6821