

NEW PROGRAMMING ALERT

# CALL FOR VOLUNTEERS FOR MOVE, HEAL, LIVE!

HEART is looking for PTs, PTAs, and students that might be interested in teaching or assisting with a wellness program at Therapeutic Sessions PT clinic. Each class will relate to nutrition, exercise, or emotional wellness. Virtual and in-person options are available.



SCAN THE QR CODE  
OR VISIT  
[WWW.APTADC.ORG/  
HEART](http://WWW.APTADC.ORG/HEART) TO SIGN UP



Email us at [HEART@aptadc.org](mailto:HEART@aptadc.org) if you  
have questions

